

MON	TUES		THURS	FRI
			1	2
			Kanikama	Gyoza
		X	Donburi	餃子
			Krab Rice Bowl	
			カニカマ丼	
				10-11:30am Shigin
5 Kids' Lunch	6		8	9
Mini Hambagu	Chicken w/		Kalua Pork &	Tteokpokki
Ebi Fry and Pasta	Ume Sauce	X	Lomi Salmon	Rice Cake Stew
お子様ランチ	鶏肉の梅ダレ		カルアピッグ&	w/ Fresh Mochi
[Children's Day]			ロミロミサーモン	トッポギ
11:30am Chair Yoga	11am Blood Pressure		10:30am Ukulele	10-11:30am Shigin
12:30pm Mahjong	12:45pm Sing-along		11am Blood Pressure	12:30pm Bingo
12	13		15	16
Gyudon	Pad Thai		Tofu Thai Curry	Hawaiian
Beef Bowl	パッタイ	X	タイ風豆腐カレー	Shortrib Soup
牛丼				ハワイ風
				ショートリブスープ
12:30pm Mahjong	12:45pm Sing-along		11am Haiku	10-11:30am Shigin
19	20		22	23
Shoga Yaki	Kimchi Don		Oden	Pork Curry
Ginger Pork	Kimchi Rice Bowl	X	Fishcake Stew	ポークカレー
豚の生姜焼き	キムチ丼		おでん	
11:30am Tai Chi	11am Blood Pressure		10:30am Ukulele	
12:30pm Mahjong	12:45pm Sing-along		11am Blood Pressure	10-11:30am Shigin
26	27		29	30
Memorial Day	Birthday Sushi		Yakisoba	Chicken Katsu
CLOSED	お誕生日寿司		焼きそば	チキンカツ
	*Reservations required			
	(suggested donation \$12)			
	12:45pm Sing-along		11am Haiku	10-11:30am Shigin

Chefs: Naomi Molstrom-M Kyoko Adcock-Tu Justin Sato -Th/F

Suggested Lunch Donation: \$9 for seniors 65+ / \$11 for adults under 65 / \$ 6 kids

**Reservations preferred / Indoor Dining Limited** 

For reservations please call and leave a message or email:

(ph) 503-238-0775 (email) ikoinokai7@gmail.com

Seating at 11:30 am with lunch served promptly at noon

\* vegetarian option available on that day - please reserve two days in advance