



Iko no Kai - JULY 2025

1333 SE 28th Ave / 503-238-0775

MON	TUES		THURS	FRI
	1 Panko Fried Shrimp エビのパン粉焼き 11am Blood Pressure 12:45pm Sing-along	X	3 *Agedashi Tofu 揚げ出し豆腐 11am Blood Pressure	4 CLOSED
7 Chicken w/ Ume Sauce チキンの梅ダレ 11:30am Chair Yoga 12:30pm Mahjong	8 Shrimp Ganmodoki エビがんも 12:45pm Sing-along	X	10 Kasuzuke Salmon 鮭の粕漬け 11am Haiku 10:30am Ukulele	11 Yaki Onigiri 焼きおにぎり 10-11:30am Shigin 12:30pm Bingo
14 Beef Bibimbap 牛肉ビビンバ 12:30pm Mahjong	15 Miso Pork Yaki Udon 豚肉の味噌焼きうどん 11am Blood Pressure 12:45pm Sing-along	X	17 Kanikama Donburi カニカマ丼 11am Blood Pressure 11:30am Tai Chi	18 Crispy Pork Belly 豚のカリカリ角煮 10-11:30am Shigin
21 Spring Rolls 春巻き 12:30pm Mahjong	22 *Salad Rolls レタス巻き 11:30am Tai Chi 12:45pm Sing-along	X	24 Tuna Cream Croquette ツナクリームコロッケ 11am Reiki & Haiku 10:30am Ukulele	25 Short Rib Soup ショートリブのスープ 10-11:30am Shigin
28 Somen Salad 素麺サラダ 12:30pm Mahjong	29 Chicken Karaage チキン唐揚げ 11am Blood Pressure 12:45pm Sing-along	X	31 Birthday Sushi お誕生日寿司 *Reservations required (suggested donation \$12) 11am Blood Pressure	

Chefs: Naomi Molstrom/ Keiko Azuma- M Kyoko Adcock- Tu Justin Sato/ Andrea Hoyt- Th/F

Suggested Lunch Donation: \$9 for seniors 65+ / \$12 for adults under 65 / \$ 6 kids

Reservations preferred / Indoor Dining Limited

For reservations please call and leave a message or email:

(ph) 503-238-0775 (email) ikoinokai7@gmail.com

Seating at 11:30 am with lunch served promptly at noon

*** vegetarian option available on that day - please reserve two days in advance**